

**SUO-MOTO DISCLOSURE UNDER SECTION 4(1) (B) OF
RIGHT TO INFORMATION ACT, 2005**

(Updated in May, 2024)



Central Ayurveda Research Institute,
(Central Council of Research in Ayurvedic Sciences (CCRAS)
Ministry of Ayush, Govt. of India)
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RTI APPLICATION FORM

1. Particulars of the Applicant:
 - a. Name:
 - b. Address:
 - c. E-mail address:
 - d. Phone/Fax No.:
2. Date of Submission of Application:
3. Subject Matter:
4. Details of Information Requested:
5. Period of which the information relates:
6. Fee enclosed (in cash/DD/Baner's cheque/IPO):
7. Due date by which information is to be furnished (30 days from submission of application):
8. How the applicant would like his information to be sent:
 - a. By post:
 - b. To be collected by hand:
 - c. By e-mail:
 - d. By fax:

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Particulars of Organization, Function and Duties

Central Ayurveda Research Institute (CARI), under Central Council for Research in Ayurvedic Sciences (CCRAS), Ministry of Ayush, Govt. of India, has been functioning in Guwahati since 1971 in the name of “Survey of Medicinal Plants and Clinical Research” in the premises of Government Ayurvedic College and Hospital, Jalukbari, Guwahati and was subsequently upgraded to “Regional Research Centre of Ayurveda” in May’1979. The Institute got its own building in February’2022 at Borsojai, Beltola, Guwahati-28 and was re-christened as “Central Institute of Tribal Medicine” in 2008. The Institute was re-named as “North Eastern India Ayurveda Research Institute (NEIARI)” in December’2009. The Institute was again re-named as “Regional Ayurveda Research Institute for Gastro Intestinal Disorders (RARIGID)” in May’2016. Since, December’2020 the Institute is known as “Central Ayurveda Research Institute (CARI)”.

The Institute consists of four divisions (1) Clinical Research Unit (CRU) (2) Survey of Medicinal Plants Unit (SMPU) (3) Pharmacology section and (4) Chemistry section

There are four buildings of CARI Guwahati in the campus.

1. One old building for IPD of CARI and temporary arrangement of Regional Research Institute (Homoeopathy).
2. One building for OPD, Pathology Laboratory, Botany section, Library, conference hall, store and Administrative block.
3. One newly constructed building for Panchkarma Block.
4. Another newly constructed building for Pharmacology and Chemistry.

CARI Guwahati has NABH accredited hospital including 10 bedded in-patients department (IPD). Pathology laboratory of the institute got entry level NABL accreditation. CARI, Guwahati is successfully providing OPD consultations, free Ayurveda medicines, basic diagnostics, Panchakarma, Yoga to the needy public in the hospital and through outreach camps in nearby areas. Several research studies related to common diseases are presently going on. Since beginning, the institute has been actively participating in achieving targets according to the allotted programs. The scientists are from diverse disciplines working with a focused aim of scientific validation of Ayurveda.

Core Research Activities of the Institute

CARI Guwahati executes research projects related to Clinical Research, Pharmacological research, Medicinal plants research, Drug Standardization Research etc. Clinical research is focused on research projects related to health promotion & diet, prevention, diagnosis and therapy of various diseases primarily Gastro-Intestinal disorders. It is also executing multiple research activities on role of diet, lifestyle & Ayurveda

medicines in management of various diseases like Grahani, Prehypertension, Arthritis etc. It also works for creating awareness about Adverse Drug Reactions (ADR) and their reporting under Pharmacovigilance.

Notable Achievements

The institute has got NABH Certification as AYUSH Entry Level Centre from National Accreditation Board for Hospitals & Healthcare Providers (NABH) to ensure quality health care services to the patients. The institute has also got NABL Accreditation of pathological laboratory from National Accreditation Board for Testing and Calibration Laboratories (NABL) to provide quality diagnostic services to the patients. The Herbarium of the Institute got International recognition of Index Herboriorum from New York Botanical Garden, USA with acronym 'NEHAR' (North East Herbarium of Ayurveda Research) in 2021 to cater the needs of Botanical and taxonomic research in the region. CARI, Guwahati has been affiliated by Health Care Sector Skill Council-National Skill Development Corporation (HSSC-NSDC) for Panchkarma Technician course.

Since inception, the Clinical Research Unit (CRU) of the institute has served 2,72,284 patients through consultation services of its Outpatient Department. The institute has published many scientific publications, abstracts, monographs and book reviews in various National and International Journals. Scientists has been presented research papers in various Seminars, conference etc. The reference library hosts 909 books, important scientific journals and CCRAS publications for sale. During the reporting year 2023-24, scientists from CARI have published 13 research articles in national and international journals. Officers participated in 51 seminars, webinars, conferences, meetings, and hands-on trainings.

COVID-19 related research initiatives

The institute conducted various research projects related to prevention, diagnosis and management of COVID-19 during the outbreak of COVID-19 Pandemic. Some of these projects were- A prophylactic community based study to assess the impact of Ayuraksha Kit in COVID-19 under SCSP 2021-22; Impact of Ayu Raksha Kit in COVID-19 Community Based Prophylactic Study under THCRP 2021-22; Prospective open label controlled interventional study on the effect of Ayurvedic intervention (Ayurveda Raksha Kit) as a prophylactic measure in the Pandemic of COVID-19 - A community based study; A prospective non-randomised open label controlled interventional study on the effect of Guduchi Ghan Vati/Sudarshan Ghan Vati as a prophylactic measure among Containment

Zone population exposed to COVID 19.

Public Health oriented research activities

The Institute is conducting various outreach activities under Tribal Health Care Research Project (THCRP)- Tribal Sub Plan (TSP), Ayurveda Mobile Health Care Project (AMHCP)- Scheduled Caste Sub Plan (SCSP), Women and child health under Scheduled Caste Sub Plan (WCH-SCSP) and Ayurvedic Health Centers at 7 other districts in Assam under NE Plan with public health orientation. Research projects related to common problems in the field of Public Health are also being executed under these activities. The institute also takes part in organizing the free health camps and distributed medicine to the needy public.

Collaborations with research organizations

For collaborative research, the institute has collaborated various prestigious research organizations including-

1. College of Veterinary Sciences, Assam Agricultural University, Guwahati, Assam.

IT Initiatives

The institute is maintaining the patient data digitally through the AHMIS software developed by Ministry of Ayush.

Capacity Building

Under the aegis of CCRAS Headquarters, New Delhi, the institute keep organizing various training programmes for upskilling of its workforce. Four workshops on Rajbhasha Hindi were also conducted by the institute.

Recognition & Awards

The inspection of institute related to the implementation of official language in the daily official work was done by the Third Sub-Committee of Parliamentary Committee on Official Language on 4th November 2022. The committee appreciated the institute for proper implementation of official language in the institute.

Other services/activities available

CARI Guwahati also organizes various activities such as International Yoga Day, Ayurveda Day, Hindi Pakhwada, Hindi Diwas, National AYUSH programmes like Poshana Maah, Poshan Pakhwada, Swachata Hi Sewa Campaign, Vigilance awareness week, Constitution Day, Sports day, Organ donation day etc.

Grievances Redressal Mechanism

There is a public grievance committee to address the grievances of the public- Details of Public Grievance Committee-

Sr.No.	Members	Status
1.	Dr. Girindra Kumar Bora R.O.(Bio-chemistry)	Chairman
2.	Dr. Jeuti rani Das, R.O. (Ay.)	Member
3.	Dr. Masram Pravin R., R.O. (Ay.)	Member
4.	Smt Swapana Bairagi Sister In-charge	Member
5.	Shri R.K. Singh Lab. attendant	Member

Staff Grievance Committee to address the grievances of the Employees Details of Staff Grievance Committee-

Sr.No.	Staff Grievance Committee	Status
1.	Dr. P. L. Bharati, R.O. (Ay.)	Chairman
2.	Dr. Manajit Bora, R.O. (Pharmacology)	Member
3.	Dr. Punit Kumar Singh R.O. (Chemistry)	Member
4.	Shri Diganta Deka Assistant	Member
5.	Mr. Biswajit Paul R.A. (Botany)	Member

Liaison Officer for SCs, STs and PwDs: Dr. P. L. Bharati R.O. (Ay.)

Reservation cell:

Sr.No.	SCs, STs and PwDs Committee	Status
1.	Dr. Amit, R.O. (Ay.)	Chairman
2.	Dr. Masram Pravin R., R.O. (Ay.)	Member
3.	Dr. Jeuti rani Das, R.O. (Ay.)	Member
4.	Mr. Suman Mandal R.A. (Chemistry)	Member

Liaison Officer for OBC: Mr. Devanjil Bora R.O. (Botany)

Reservation cell:

Sr.No.	OBC Committee	Status
1.	Dr. Girindra Kumar Bora R.O.(Bio-chemistry)	Chairman
2.	Mrs Sumati Singh Staff Nurse	Member
3.	Mr. Biswajit Paul R.A. (Botany)	Member

Liaison Officer for EWS: Dr. Manajit Bora R.O. (Pharmacology)

Reservation cell:

Sr.No.	OBC Committee	Status
1.	Dr. Punit Kumar Singh R.O. (Chemistry)	Chairman
2.	Mrs Nongthombam Jonita, Staff Nurse	Member
3.	Mrs. Suchana Chanda Pharmacist	Member

Head of the institute

Dr. Dinesh Baruah

Assistant Director In-charge
Central Ayurveda Research Institute,
Barsojai, Beltola, Guwahati Assam-781028

**Central Ayurveda Research Institute, Guwahati Central Council of Research in
Ayurvedic Sciences (CCRAS) Ministry of Ayush, Govt. of India**

**Annexure- I
Unit wise major activities**

Sr. No.	Name of Unit	Major Activities/Services
1	Clinical Research Unit (CRU)	
	Research work	<ul style="list-style-type: none"> • Execution of research projects related to health promotion & diet; prevention, diagnosis and therapy of various diseases primarily metabolic disorders. • Dissemination of scientific information through research publications in various reputed scientific & medical journals • IEC activities- Organizing & conducting various health fairs like AYUSH Sammelan, Arogya Mela etc. <p>Conduction of various training programmes on relevant topics of Hospital administration and clinical research such as NABH Accreditation, NAMASTE Portal Sensitization, Research Methodology etc</p>
	OPD & IPD services through NABH Certified AYUSH Centre	<ul style="list-style-type: none"> • General OPD services <ul style="list-style-type: none"> ▪ Geriatric OPD, ▪ IPD • Pharmacy - dispensing free Ayurveda medicines to OPD patients • Panchakarma- OPD basis day care Panchakarma procedures are being provided
	Diagnostic Services through NABL Accredited Clinical Laboratory	<ul style="list-style-type: none"> • Hematology • Clinical Biochemistry
2	Survey of Medicinal Plants Unit (SMPU)	<ul style="list-style-type: none"> • Survey of medicinal plants • Collection & compendium of herbarium specimen of medicinal plants • Crude drug collection and supply to Peripheral institutes of CCRAS as per demand for IMR/EMR and other projects. • Maintenance of herbal garden for medicinal plants

		<ul style="list-style-type: none"> • Compendium of local health traditional claims for their further validation • Operation of herbarium and museum of rare medicinal plants and their products • Demonstration of Herbarium specimen and museum sample preparation and storage to visitors, students and research scholars. • Identification and authentication of plant samples and issuing certificates to students and research scholars. • Sale & distribution of medicinal plants to common public on various occasions.
3	Pharmacology section	<ul style="list-style-type: none"> • Evaluation of Safety and Efficacy of Ayurvedic formulations
4	Chemistry section	Phytochemical analysis of Medicinal Plants and Ayurvedic Raw Drugs standardization.
5	Peripheral Pharmacovigilance Centre (PPC)	<ul style="list-style-type: none"> • Creating awareness about Adverse Drug Reactions (ADR) and their reporting. • Conduction of various workshops/conference to sensitize healthcare professionals to report ADRs. • Reporting of Adverse Drug Reactions (ADR) to intermediate/central pharmacovigilance centre.
6	Outreach Health Care activities	<p>Organization of medical and health check-up camps</p> <ul style="list-style-type: none"> • Ayurveda Ambulatory Health Care Program under SCSP (AMHCP-SCSP)) • Tribal Health Protection and Research Program under TSP (THCRP-TSP) • Women and child Health care programme under SCSP (WCH-SCSP) <p>Ayurveda Health Centers under NE Plan</p>

Annexure-II
List of Intra Mural Research (IMR) Project

Completed Projects

SL. No.	Title of the project
Clinical Research	
1.	Therapeutic efficacy of the combination of vaca and katuki in equal parts in the management of Medoroga (lipid disorder)
2.	Clinical evaluation of Palashkshara and Pashanbheda gokshura Kwath Ghana satwa in the management of Mutrasmari.
3.	Management of Grahani roga with panchamrit Parpati.
4.	Know the Clinical efficacy of “Parijata Patra Ghanavati”/“Saptaparna Ghanavati” in P.vivax Malaria (Visamjwar).
5.	Clinical evaluation of Punarnova Guggulu, Dasamula Ghrita and Kottamachukadi Taila in the management of Osteoarthritis).
6.	Clinical evaluation of Simhanaada guggulu and Brihata saindhavadi taila in the management of rheumatoid arthritis
7.	Clinical evaluation of Nisha Amlaki and Chandraprabha Vati in the management of type 2 Diabetes mellitus (Madhumeha)
8.	Clinical Evaluation of Vatari Guggulu, Hingwastak Churna and Brihat Saindhavadi Taila in the Management of Rheumatoid Arthritis.
9.	Clinical evaluation of Yograj Guggulu, Gandharvahastataila, and Dhanwantara Taila in the management of Osteoarthritis.
10.	Reliability testing and validation of Ayurvedic Diagnostic Tools on Kasa-Swasa Roga and Jwara Roga
11.	A clinical study on efficacy and safety of an ayurvedic formulation ‘Kutajavaleha’ in the management of Grahani roga
12.	A prospective non-randomized open label controlled interventional study on the effect of <i>Guduchi Ghan Vati/ Sudarshan Ghan Vati</i> as a prophylactic measure among Containment Zone population exposed to COVID 19.
13.	A prospective open label controlled interventional study on the effect of <i>Ayurvedic</i> intervention (<i>Ayurveda Raksha Kit</i>) as a prophylactic measure in the Pandemic of COVID-19 - A community based study
14.	A prospective open labeled observational study to document the potential safety issues and prescription trends of selected <i>Rasausadhi</i> 's in CCRAS -OPD's across India
15.	Clinical Evaluation of Jatiphaladi churna and Chitrakadi vati in the management of Grahani.
16.	A prospective community based study for the evaluation of effectiveness of Yograj Guggulu, Ashwagandha Churna and Maha-Narayana Taila in the Management of Osteoarthritis Knee (Janugat Sandhivata): under SCSP
17.	Effectiveness of Ayurveda based diet and Lifestyle advocacy on health related Quality of life in schedule Caste population in India- a Community based, cluster randomized controlled study: under SCSP

18.	A prophylactic community based study to assess the impact of Ayuraksha Kit in COVID-19 under SCSP
19.	A prospective community based study for the evaluation of Rajapravartani Vati in the Management of Primary Dysmenorrhea under RCH(SCSP)
20.	Effectiveness of Ayurveda based diet and Lifestyle advocacy on health related Quality of life in Women's of schedule Caste population in India- a Community based, cluster randomized controlled study under RCH(SCSP)
21.	Clinical Evaluation of Jirakadyarishta in the management of Grahani (Malabsorption Syndrome)
22.	Non-Communicable Diseases and associated factors among health seekers approaching the selected Ayurveda health centres in Northeast India
23.	Clinical Evaluation of Mustakarishtha in the management of Grahani
24.	Evaluation of Efficacy and Safety of AYUSH- M3 in the management of Pre-Hypertension—A Double blind Randomized control clinical study.
25.	Evaluation of Efficacy and Safety of Ayush-HR in the management of Pre-hypertension-a Double blind Randomized controlled clinical study
26.	Effectiveness of Ayush Rasayana A & B on Quality of Life of elderly population under THCRP
27.	A prospective randomized controlled study to evaluate the efficacy of Ayurveda interventions in knee osteoarthritis under NE Plan
Medicinal Plant Research	
28.	Documentation of Folk healers and folk claims in the state of Assam and development of a database (2014-15 to 2017-18)
29.	Development of Raw drug Museum on <i>Pratinidhi dravyas</i> along with adulterants used against medicinal plants in Ayurveda system (2014-15 to 2017-18)
30.	Development of Data Bank on Ethnobotanical research and cross cultural study on sociology of reproductive health care of tribal societies involving medicinal plants across North east India (2016-17 to 2018-19)
31.	Medico-Ethno Botanical Survey programme of Khasi Hills (North part) in Meghalaya (2017-18)
32.	Medico-ethno-botanical survey of Sunaikuchi, Hatibagara and Khulahat Reserve Forest areas in Morigaon district of Assam (2018-19)
33.	Anthology of Survey Research Outcomes from Medico-Ethno Botanical Survey (MEBS), Central Ayurveda Research Institute (CARI), Guwahati (Assam) (2021-22 to 2023-24)
Literary Research	
34.	Survey, Cataloging and Digitized inventory on Medical Manuscripts of North East India

Ongoing Projects

Sr.No.	Title of the project
Clinical Research	
1.	A Clinical Consensus study for developing the practice guidelines of Marsa Nasya Karma with a multi centre Feasibility study in Cervical Spondylosis

2.	Anaemia control among adolescent girls through Ayurveda interventions in five districts under Mission Utkarsh (Collaborative).
3.	Effectiveness of composite Ayurveda regimen in a black box design for the management of Rheumatoid arthritis- A community based study under AMHCP
4.	Effectiveness of Rajapravartani Vati and Saraswatarishta in Dysmenorrhoea- A prospective community based study
Pharmacological Research	
5.	

Annexure- III
Details of Collaborative Research Projects

Completed Projects

S.N.	Title of the project
Clinical Research	
1.	‘Systems Biology Approach to Delineate Molecular Signatures of <i>Prakriti</i> in Healthy Humans’
Pharmacology Research	
1.	‘Toxicity studies and Evaluation of Anti-inflammatory and Anti-arthritis activities of Shunthi guggulu (Triphala sodhita) in rats

Ongoing Projects

S.N.	Title of the project
Pharmacology Research	
1.	Acute and Ninety days repeated dose (Sub-chronic) oral toxicity studies of coded formulations AYUSH-PTK
Phytochemistry Research	
1.	Development of Quality standards, estimation of markers and shelf-life study of chopchinyadi churna, marichadi churna, musali churna and saraswat churna.

Annexure- IV

Details of EMR Projects

Completed Projects

S.N.	Title of the project
1.	Development of Nursery on some medicinal and Aromatic plants of Assam (2020-21)

Ongoing Projects

S.N.	Title of the project
1.	Critical appraisal and validation of Local Health Traditions (LHTs), Oral Health Traditions (OHTs) and Ethno Medicinal Practices (EMPs): An inclusive study among Ethnic communities of Northeast India (2021-22 to 2026-27)

Out Patient Department (OPD)

Statement of patients attended to OPD during different years since inception up to March 2024.

S. No	Year	No. of patients attended at OPD													
		New						Old						Grand Total	
		Adult		Child		Total		Adult		Child		Total			
		M	F	M	F	M	F	M	F	M	F	M	F	M	F
1	2002-2003	418	400	104	82	522	482	215	264	29	16	244	280	766	762
2	2003-2004	1142	1564	372	292	1514	1856	621	1132	109	67	730	1199	2244	3055
3.	2004 - 2005	628	716	124	68	752	784	534	728	44	28	578	756	1330	1540
4.	2005-2006	1056	1131	175	152	1231	1283	1128	1378	100	66	1228	1444	2459	2727
5.	2006-2007	1374	1509	283	262	1657	1771	1540	1681	89	127	1629	1808	3286	3579
6	2007-2008	1470	1712	285	283	1755	1995	1623	1623	127	137	1750	1760	3505	3755
7	2008-2009	1875	2038	312	266	2187	2304	1526	1720	106	96	1632	1816	3819	4120
8	2009-2010	2113	2487	264	270	2377	2757	2142	2423	120	138	2262	2561	4639	5318
9	2010-2011	2022	2115	180	134	2202	2249	1770	1880	90	70	1860	1950	4062	4199
10	2011-2012	2300	2602	195	206	2495	2808	2410	2866	97	129	2507	2995	5002	5803
11	2012-2013	2485	2776	232	223	2717	2999	2771	3212	129	115	2900	3327	5617	6326
12	2013-2014	2781	3139	306	272	3087	3411	2841	3951	158	141	2999	4092	6086	7503
13	2014-2015	3254	3747	364	348	3618	4095	3234	4823	187	175	3421	4998	7039	9093
14	2015-2016	3553	4334	331	314	3884	4648	3465	5335	177	127	3642	5462	7526	10110
15	2016-2017	3729	4541	331	330	4060	4871	3157	4640	189	161	3346	4801	7406	9672
16	2017-2018	3790	4048	272	242	4062	4290	3962	4587	132	94	4094	4681	8156	8971
17.	2018-2019	3901	4095	279	226	4180	4321	4285	4627	203	130	4488	4757	8668	9078
18.	2019-2020	4003	4408	240	218	4243	4626	4790	4870	118	105	4908	4975	9151	9601
19.	2020-2021	2349	2454	122	86	2471	2540	3104	2874	78	43	3182	2917	5653	5457
20.	2021-2022	3483	3392	166	101	3649	3493	4319	4187	52	40	4371	4227	8020	7720
21.	2022-2023	4846	5178	221	144	5067	5322	5662	5897	100	78	5762	5975	10829	11297
22.	2023-2024	6020	5857	259	174	6279	6489	7206	7115	163	83	7369	7198	13648	13687
TOTAL		58592	64243	5417	4693	64009	69394	62305	71813	2597	2166	64902	73979	128911	143373

More prevalent diseases found in General OPD (New cases) in 2023-24

S.No.	DISEASE	No. of Patients (Max. to Min.)
1.	वातव्याधि	2749
2.	सन्धिवातः	2096
3.	दौर्बल्यम्	1166
4.	अर्शः	1060
5.	अम्लपित्तम्	995
6.	शूलः	973
7.	मधुमेहः	759
8.	कुष्ठम्	600
9.	कासः	594
10.	त्रिकग्रह	476
11.	वातब्याधि	448
12.	कण्डूः	375
13.	गृध्रसी	364
14.	प्रतिश्यायः पीनसः/	355
15.	आध्मानम् /आनाहः	350

More prevalent diseases found in Geriatric OPD (New cases) in 2023-24

S.No.	DISEASE	No. of Patients (Max. to Min.)
1.	सन्धिवातः	133
2.	वातव्याधि	114
3.	मधुमेहः	42
4.	शूलः	26
5.	कण्डूः	19
6.	कासः	18
7.	अर्शः	16
8.	दौर्बल्यम्	16
9.	अम्लपित्तम्	14
10.	कुष्ठम्	14
11.	आमवातः	13
12.	आध्मानम्/आनाहः /	11
13.	RAKTAGATAVATA	11
14.	गृध्रसी	10

15.	उदावर्तः	9
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Statement of patients admitted/discharged since Inception up to 2019-24

Sr. No.	Year	No. of patients attended at IPD							
		Admitted				Discharged			
		M	F	Child	Total	M	F	Child	Total
1.	2019-20	28	43	0	71	28	43	0	71
2.	2020-21	22	16	1	39	19	15	1	35
3.	2021-22	17	06	0	23	18	06	0	24
4.	2022-23	73	93	8	174	73	88	6	167
5.	2023-24	86	91	2	179	89	90	2	181
Total		226	249	11	486	227	242	9	478

Note: IPD started from 15th Oct. 2019

Bed occupancies:

S. No.	Year	No. of beds available	Percentage of yearly bed occupancy
1.	2019-20	10	50%
2.	2020-21	10	53.56%
3.	2021-22	10	33.27%
4.	2022-23	10	52.86%
5.	2023-24	10	60.19%

Ayush Hospital Management Information System (A-HMIS)

As per the directives of letter vide no. 28-11/2017-CCRAS/IT/HQ 5565, it was directed to implement the Ayush-Hospital Management Information System (A-HMIS) in Central Ayurveda Research Institute, Guwahati. The initiative to implement A-HMIS was taken in April 2019. Initially project started with the facility available in the Institute. The A-HMIS was implemented May, 2019. Objective of A-HMIS is to increase the patient care and work efficiency in AYUSH system, to make documentation effective and to make the management efficient.

Training Received:

Data of patients recorded on AHMIS in the year 2023-24

S. No.	M	F	MC	FC	Total
1.	4272	4274	174	98	8818
Total No of Patients Consulted Through AHIMS					
S. No.	M	F	MC	FC	Total
1.	3720	3786	148	87	7741

Laboratory Status

Laboratory (Biochemistry/Pathology): During this reporting year **46351** Laboratory Investigations (**31975** of Biochemistry and **14376** of Pathology) were performed on the patients visiting the OPD/IPD.

Pathology

SL. NO	LAB TEST	MALE (April 2023-March 2024)	FEMALE (April 2023-March 2024)	TOTAL (MALE + FEMALE)
1	TC	570	678	1248
2	DC	570	678	1248
3	ESR	492	612	1104
4	HB	738	901	1639
5	AEC	00	00	00
6	Platelet Count	478	523	1001
7	RBC	478	523	1001
8	HCT	478	523	1001
9	MCV	478	523	1001
10	MCH	478	523	1001
11	MCHC	478	523	1001
12	MPV	478	523	1001
13	RDW-CV	478	523	1001
14	RDW-SD	478	523	1001
15	URINE R/E	37	34	71
16	STOOL R/E	00	00	00
17	ABO Rh grouping	19	16	35
18	BT	01	01	02
19	CT	01	01	02
20	MP	06	12	18
	TOTAL	6736	7640	14376

Biochemistry

SL. NO	LAB TEST	MALE (April 2023-March 2024)	FEMALE (April 2023-March 2024)	TOTAL (MALE + FEMALE)
1	SUGAR	1554	1416	2970
2	URIC ACID	755	947	1702
3	UREA	485	549	1034
4	CREATININE	665	692	1357
5	O.T	578	697	1275
6	P.T	578	697	1275
7	TOTAL PROTEIN	577	697	1274
8	ALBUMIN	577	697	1274
9	GLOBULIN	577	697	1274
10	A/G RATIO	577	697	1274
11	TOTAL BILIRUBIN	581	707	1288
12	DIRECT BILIRUBIN	581	707	1288

13	INDIRECT BILIRUBIN	581	707	1288
14	ALKP	577	697	1274
15	CHOLESTEROL	461	587	1048
16	TRIGLYCERIDES	364	423	787
17	HDL	364	423	787
18	LDL	364	423	787
19	VLDL	364	423	787
20	ASO	133	289	422
21	CRP	195	401	596
22	RA FACTOR	151	432	583
23	HbA1c	547	489	1036
24	S. CALCIUM	221	601	822
25	Typhoid	9	13	22
26	HBsAg	00	00	00
27	T3	333	920	1253
28	T4	333	920	1253
29	TSH	377	1093	1470
30	VIT-D3	143	332	475
	TOTAL	13602	18373	31975

Panchkarma Section

The Panchakarma Section (male & female) of the Institute has started procedures like Snehan, Swedan, Vasti, Nashya Karma, Pichu, Sirodhara etc. During the period of report, 14467 patients (1678 new cases and 12789 old cases) were referred from OPD to the Panchakarma section for administration of Panchakarma procedures.

Sr. No	Therapy/ Panchakarma Procedure	New		Old		Total (M+F)
		M	F	M	F	
1.	Abhyanga	265	171	2035	1602	4073
2.	Udvardana	7	6	65	34	112
3.	Baluka Sweda	2	10	6	40	58
4.	Churna Pinda sweda	0	1	0	12	13
5.	Patra Pottali Sweda	4	19	178	82	283
6.	Jambeera Pinda sweda	2	2	36	14	54
7.	Sashtika shali Pinda sweda	9	6	121	34	170
8.	Nadi sweda	233	177	1681	1568	3659
9.	Bashpa sweda	10	32	113	90	245
10.	Sarvanga sweda	4	42	137	153	336
11.	Dashamoola Dhara	7	11	33	65	116
12.	Annalepa	1	0	13	0	14
13.	Shirodhara	22	12	146	100	280
14.	Shiroabhyanga	2	6	4	32	44
15.	Shirobasti	0	0	26	0	26
16.	Katibasti	178	121	1306	700	2305

17.	Merudandabasti	9	4	55	10	78
18.	Greeva Vasti	27	28	145	85	285
19.	Janu Vasti	76	87	594	753	1510
20.	Upanaha	0	1	0	4	5
21.	Agnikarma	3	6	0	3	12
22.	Netra Tarpana	2	0	13	0	15
23.	Talapothichil	1	0	6	0	7
24.	Pichu (Shiropichu)	2	0	9	0	11
25.	Vamana	0	0	0	0	0
26.	Virechana	2	3	2	2	9
27.	Asthapana Basti	0	1	19	4	24
28.	Anuvasana Basti	0	0	0	0	0
29.	Vaitarana Basti	2	3	8	13	26
30.	Matra basti	9	17	287	96	409
31.	Nasya	12	17	174	68	271
32.	Pichu	1	0	5	0	6
33.	Takra Dhara	0	1	0	4	5
34.	Dhanyamla Dhara	0	2	0	4	6
	Total	892	786	7217	5572	14467

Tribal Health Care Research Programme (THCRP) under Tribal Sub Plan (TSP)

The Ministry of Tribal Affairs is implementing the Tribal Sub-Plan (TSP) to speed up the Socio-economic development of Scheduled Tribes (ST) people. Tribal Sub-Plan came into existence in 1974-75. Tribal sub Plan (TSP) now called Scheduled Tribe Component (STC) at a central level is a dedicated source of funding tribal development. The aim of this plan is to bridge the gap between tribal population and others by stepping up the access to education and health services, income generating opportunities, and protection against exploitation. As a part of this, from the funds allocated to the Ministry of Ayush, Central Council for Research in Ayurvedic Sciences (CCRAS), initiated Tribal Health Care Research Program (THCRP) under Tribal Sub Plan (TSP) to undertake outreach health care services through its 14 peripheral institutes rendering clinical services. Central Ayurveda Research Institute, Guwahati is implementing the Tribal Health Care and Research Programme under Tribal Sub Plan since 2002. Under this project, total of 106 tribal villages has been surveyed. The total population covered during the project is **121518**. The free health check-up and treatments are provided to total **41,384** no. of patients, out of which **25,458** were new patients and **15,926** were follow up cases. During whole research period 254 of folklore claims has been documented.

Sl. No.	Year	No & name of villages covered	No of Villages covered.	Total populations covered.	No. of New patients.	No. of old patients.	Total patients
1	2002-2003	1.Tepesia 2.Yogdal 3.Katakeepara	03	5030	1736	443	2179

2	2003-04	1.Jalukbari	01	876	163	47	210
3	2004-2005	1.Panbari 2. Misamari. 3. Gariaghuli. 4.Thakurchi	04	5278	859	285	1144
4	2005-2006	1.Chandapurgoan 2.Chandapurbagicha 3.Borkhatgoan. 4.LuflongNC 5.Luflongvillage. 6.Mariakuchi 7.Birkuchi	07	5139	928	390	1318
5	2006-2007	1.Diksak 2.Bejeni 3.Bamunkhat 4 Panikhaiti goan	04	5943	1009	558	1567
6	2007-2008	1.Ghagua, 2.Luri 3.Barkuchi	03	1390	615	902	1517
7	2008-2009	1.Borgoan 2.ketekijhar 3.Garobasti 4.Belguri.	04	5415	395	522	917
8	2009-2010	1.Batahkuchi 2.Hajongbari 3. Burahmayong.	03	5955	467	601	1068
9	2010-2011	1.Pavakati kachari Goan 2.Dhemai village 3.Moupur 4. Sendurighopa..	04	5465	374	495	869
10	2011-2012	1.Upporikhola 2.Gajai goan 3.Baratandu. 4.Sarutandu.	04	5318	348	620	968
11	2012-2013	1.Andherijuli 2.Rajapanichanda	02	5356	290	473	763
12	2013-2014	1.Sarugoan 2.Naukuchi 3.Tegheria 4.Barbitali 5.Bhorigoan	05	5094	404	531	935
13	2014-2015	1.Bandorgog 2.Markong 3.Magursila 4.Southala 5.Rajapara 6.Patgaon 7.Burha Mayong 8.Panisenga 9.Punampur	9	6361	641	946	1587
14	2015-2016	1.Deulguri 2. Nortap	09	6894	1622	2725	4347

		3. Challi 4. Batahbari 5. Garopara 6. Tulsibari 7. Deopani 8. Dhekiabari 9. Murkata					
15	2016-2017	1. Laduguri 2. Gosaihat 3. Borduar Bagan 4. Balahpur 5. Mohmarrang 6. Kumarbori 7. Manikpur 8. Khokhapara	08	7048	1884	550	2434
16	2017-2018	1. Ratanpur 2. Gohalkona 3. Nalapara no. 2 4. Jalukbari 5. Jarpara 6. Nalapara no. 1 7. Dakuapara 8. Patgaon	08	7811	1749	543	2292
17	2018-2019	Khatira Chakrapni Jpardhania Katahbari bakrapara Nijbagai	05	7333	1588	1184	2772
18	2019-20	1. Pukhripara 2. Sakhati 3. Kahuaand Bakalipara 4. Dhoguri	04	7605	1380	1258	2638
19	2020-2021	1. Rajapara 2. Bondapara 3. Rihabari 4. Turakpara 5. Durapara	05	6308	1349	617	1966
20	2021-2022	1. Hahim Gaon 2. Khatkhati, Langkona, Dakhulipara 3. No.2 Dilinga Data 4. No.2 Uttar Sakhadari 5. Nagopara Data Mauman	05	5849	1901	588	2489
21	2022-2023	1. Chaudhurypara 2. Deliapara 3. Jarpara 4. Pakhrapara	04	6200	2826	758	3584
22	2023-2024	1. Barmola, Bamunigaon 2. Mainasundari,	05	3850	2930	890	3820

		Bhitorkhola 3.DalamMalam, Kulsi 4.Salbari, Bogapani 5.Nalbari Village					
Total			106	121518	25458	15926	41384

Aim: To provide health care through Ayurveda in the areas predominantly dwelled by scheduled Tribes.

Objectives:

1. To understand the health status of the target population in context with their socio-demographic conditions
2. To treat the patients willing to get Ayurveda interventions as adjuvant to the conventional concomitant medication or as stand-alone for various disease conditions
3. To provide Ayurveda based lifestyle advocacy for maintenance of health and prevention of diseases among the people willing to practice the same
4. To know about perception of the study population regarding Ayurveda for health care

Current year 2023-24:

Overview of programme (THCRP-TSP)

S. No.	Particulars	Consolidated data of the study
1.	Duration of the Programme	11 Months
2.	No. of Villages covered	5
3.	No. of Visits made	203
4.	ST Population surveyed	3850
5.	Total No. of patients treated	3820
6.	No. of ST patients treated	3698
6.a	No. of ST Adults treated	3235
6.b	No. of ST Children treated	463
7.	Total No. of Investigations done	3454

During the visits, it was observed that diseases like Vata vyadhi (Neurological disorders), *Kasa* (Cough), *Kandu* (Itching), *Dourbalyata* (General weakness), *Jwar* (Fever), *Shirahshul* (Headache), *Shool* (Abdominal pain), *Trikgrah* (Lumbago), *Arsha* (Haemorrhoids), *Amlapitta* (Acidity), *Agnimandya* (Digestive problems), *Sandhivata* (Joints pain) etc. are most common among the residents of these villages.

Ayurveda Mobile Health Care Programme (AMHCP) under Schedule Caste Sub Plan (SCSP)

The core objectives of the programme comprise; study of the living conditions, geographical and environmental profile of SC people in the selected area, study of dietetic habits, socio-demographic profile, nature and frequency of prevalent diseases and collection of information related to health status,

propagation of knowledge about hygiene and prevention of diseases and provide medical aid at their door steps etc.

Aims: - To provide health care services through Ayurveda interventions and comprehend the health status along with the demographic profile of the target population of the areas predominantly dwelled by the scheduled castes.

Objectives: -

1. To provide health care services to the willing patients through Ayurveda interventions as adjuvant to the conventional concomitant medication or as stand-alone for various disease conditions
2. To generate awareness about Health, Hygiene, Nutrition through awareness lectures and distribution of IEC materials & to provide Ayurveda based lifestyle advocacy (Dinacharya, Ritucharya, Pathya-apathya etc.) for maintenance of health and prevention of diseases.
3. To understand the health status of the target population in context with their socio-demographic conditions
4. To comprehend the perception of the study population regarding Ayurveda for health care

Statement of populations covered since inception up to 2023-2024

Sl. No.	Year	No & name of villages covered	No of Villages covered	No. of visit made	Total populations covered	Total SC populations covered	No. of New patients	No. of old patients	Total patients
1	2015-2016	1.Tetelia Gaon 2.Koibottopara 3.Rongamati	3	28	1450	1244	276	161	437
2	2016-2017	1.Majortol 2.Goraghat 3.Paschimtol 4.Napurandpara 5.Borbil 6.Gosaighar	6	139	9176	8491	1871	681	2552
3	2017-2018	1.Majgaon 2. Manikarneswer 3. Bhomarbari 4.Hainidi 5.Bhailabari 6.Anand nagar	6	171	10928	10155	2094	1006	3100
4	2018-2019	1.Manah kuchi 2. Dihina 3. Amingaon Lachit Garh Panchayat Ward No. 10 4. Bagta 5. Japia 6.Nij Dimoria	6	240	11238	10363	2403	2537	4940

5	2019-2020	1.Santitol 2.Nij Hajo 3.Pub Maloibari 4.Bongolarah 5.Gaon Dimoria 6. No 1 Oujari	6	240	11377	11302	2714	1408	4122
6	2020-2021	1.Rajgarh 2.Khanpara 3.Durung 4.Jhargaon 5.Khanpara Parbat	5	174	7171	7018	2099	257	2356
7	2022-2023	1. Gorgora 2. Kholoni Beel 3. Koibortotola 4. Uttar Dimoria 5. Dhipujiajn Pam	5	211	6183	6183	3622	1791	5413
8	2023-2024	1.Dhantala 2.Dhipujipathar 3.Borchapori 4.No 2 Oujari 5.Panipara	5	200	3812	3812	4483	1191	5674
Total			42	1403	61335	58568	19562	9032	28594

Overview of programme (THCRP-TSP)

S. No.	Particulars	Consolidated data of the study
1.	Duration of the Programme	12 Months
2.	No. of Villages covered	05
3.	No. of Visits made	200
4.	SC Population surveyed	3812
5.	Total No. of patients treated	5674
6.	No. of SC patients treated	5674
6.a	No. of SC new patients treated	4485
6.b	No. of SC old Patients treated	1189
7.	Total No. of Investigations done	

During the visits, it was observed that diseases like Vata vyadhi (Neurological disorders), *Amlapitta* (Acidity), *Kustha* (Skin disorders) , *Raktagatavata* (Hypertension), *Jwar* (Fever),*Daurbalyam*(General weakness), *Kasa* (Cough), *Aruchi* (Anorexia),etc. are most common among the residents of these 5 villages.

Women and Child health care under Ayurveda Mobile Health Care for Scheduled Caste Program (WCH-SCSP)

Central Ayurveda Research Institute, Guwahati the WCH(SCSP) was initiated since 22nd January 2019. Aims of the program was to provide mother and child health care awareness and medical services in the Schedule Caste (SC) dominant community and core objective were to study the Socio-Economic status, living conditions, Educational status, dietetic habits, life styles and health care seeking behavior of SC Women and Children to generate awareness on Ayurvedic concepts i.e. Swasthavrita, Pathyapathya, Sadvitta, etc. for promotion and maintenance of health and improvement of the quality of life to provide primary health care services at their door steps through Ayurveda especially to women and children of SC community to reduce the mortality & morbidity. To fulfill the programme WCH(SCSP) team has conducted tour and surveyed door to door of the villagers and collected demographic data as per format. Medical team provided medical facilities with free medicines in various ailments at their doorstep.

Statement of populations covered since inception up to 2022-2023

Year wise (to be given till 22-23)	No. of Villages covered	No. of tours	Population surveyed	No. of patient treated		No. of SC patient treated	
				Women	Children	Women	Children
2018-19	Dhingsatra, Kuttingpahar, Monikorneswar, Majortol, Borkuchi	240	5197	1359	390	1326	382
2019-20							
2020-21	Koibottopara, Rongamati, Haindi, Bhomarabari, Bhoilabari	180	5021	2529	703	2435	688
2021-22	Kuldung, Majpara, Bhakatpara, Satrapara, Khairamuri, Bakta-4	182	5970	2893	888	2888	888
2022-23	Charabari, 1 No Kulhati, Sikarhati, Bartari	201	6392	2140	597	2132	597
2023-24	Bongaltola, Tarigaon, Makali, 3 No oujari,	201	3773	4926	1111	4852	1111

	Gaon Dimoria						
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Overview of programme (THCRP-TSP)

S. No.	Particulars	Consolidated data of the study
1.	Duration of the Programme	12 Months
2.	No. of Villages covered	05
3.	No. of Visits made	201
4.	SC Population surveyed	3773
5.	Total No. of patients treated	6037
6.	No. of SC patients treated	5963
6.a	No. of SC new patients treated	1794
6.b	No. of SC old Patients treated	3058
7.	Total No. of Investigations done	8071

Ayurvedic Health Centre (AHC) Extension under the North-East Plan

As per the direction and guidelines of CCRAS, New Delhi the Institute has set up extension centers of Ayurvedic Health Center in different districts of Assam. Initially in the year 2016-17 ten Ayurveda health center started in ten district of Assam State and further in the year 2018-19 five center established, at present total 07 Ayurveda health center are functioning as extension center of CARI, Guwahati. All extension centers are located about 60 to 400 Km away from the Institute. Space provided by the Assam state Government in respective District hospital, Community Health center or in Primary health center. Man power has appointed SRF (Ay.), Pharmacist and M.T.S on contractual basis in each health center. Two extra SRF appointed for smooth conducting of AHC. Keeping the view to provide the ayurvedic treatment facilities and creating the health awareness by this center providing free consultation along with Ayurvedic medicines through OPD, distribution of Leaflets / IEC materials and create a general health awareness i.e Dincharya, Ahhar, Vihar etc. Organized a free health checkup camp in nearby area of the Ayurveda health center. Conducting a routing blood investigation in day-to-day programme, further enthusiastically celebrate International Yoga Day, Ayurveda Day, Poshan maha etc. Under NE project one IMR project carried out.

Seven (07) extension centers of Ayurvedic Health Center are as follows-

1. UK & CK Goswami PHC Barihat, Amranga, Dist –Kamrup (R)
2. Nakhla Model Hospital, Jagiroad, Dist – Morigaon
3. Dhula MPHIC, Dist – Darrang

4. Nasatra PHC, Dist – Barpeta
5. Kanaklata civil Hospital, Sonitpur
6. Bikali Model Hospital, Dhupdhara, Dist – Goalpara
7. CHC Lumding: Hojai

1. Academic, training and outreach activities

	Activity	Number of programs	Total beneficiaries
1.	Focus camps on various diseases under THCRP-TSP	27	484
2.	Focus camps on various diseases under AMHCRP-SCSP		
3.	Focus camps on various diseases under WCH-SCSP		
4.	Focus camps on various diseases under AHC-NE		

Accreditation for NABL/ NABH for providing quality AYUSH healthcare services

- NABL accreditation for Clinical laboratory under CARI Hospital obtained on 15.12.2022
- NABH accreditation for CARI Hospital obtained on 05.01.2023

Section 4(1)(b)(ii)}

Powers and Duties of Officers and Employees

CCRAS is headed by the Director General, who is assisted by the Deputy Director General and Dy. Director (Administration). CARI Guwahati is a peripheral unit of CCRAS and headed by the Assistant Director Incharge. The Powers and Functions of the Director General, CCRAS, Dy. Director (Admn.) and Incharges of the Institutes are available on CCRAS's website i.e. www.ccras.nic.in, under the Head Memorandum of Association, Rules, Regulations and Bye- Laws of the Council.

{ Section 4(1)(b)(iii) }

The procedure followed in the decision-making process,
including channels of supervision and accountability

The CARI, Guwahati is taking decision on various issues in the following manners:

This Institute has a mandate in Research Activities framed by the CCRAS and decisions are arrived from Hqrs. Level through PEMC, SFC etc.

The final decision-making authority is Governing Body of the Council/Council.

{Section4(1)(b)(iv)}

Norms set for discharge of functions

As per the Bye-Laws of the Council (CCRAS), provided time to time.

{Section4(1)(b)(v)}

The rules, regulations, instructions, manuals and records, held by it or under its control or used by its employees for discharging its functions

1. Manual of Office Procedure
2. Fundamental Rules and Supplementary Rules (FR&SR)
3. CCS (Classification, Control and Appeal) Rules 1965
4. CCS(Conduct) Rules 1964
5. General Financial Rules(GFR)
6. Delegation of Financial Power Rules
7. CCRAS (Pension) rules in line with CCS (Pension) Rules
8. Central Services (Medical Attendance) Rules
9. Central Civil Service Leave Rules
10. Central Civil Services Leave Travel Concession Rules
11. Central Vigilance Commission (CVC) Manual

{Section4(I)(b)(vi)}

A statement of the categories of documents that are held by it or under its control

No such documents are held in Vigilance Section that needs to be disclosed under this Section.

{Section 4(I)(b)(vii)}

The particulars of any arrangement that exists for consultation with, or representation by, the members of the public in relation to the formulation of its policy or implementation thereof

Nil

{Section 4(1)(b)(ix)}

**DIRECTORY OF OFFICERS AND EMPLOYEES
OF CENTRAL AYURVEDA RESEARCH INSTITUTE, GUWAHATI**

S. N.	Name of the Post	Name of Officer/Official	Phone No/ Extension No	Email ID
1	Assistant Director, I/c	Dr. Dinesh Baruah	9435548209	neiari.guwahati@gmail.com
2	Research Officer (Ay)	Dr. P. L. Bharati	9407587686	plbharati@gmail.com
3	Research Officer (Ay)	Dr. Jeuti Rani Das	9509192744	djeutirani@yahoo.in
4	Research Officer (Ay)	Dr. Amit	7027952029	dr.madan.amit@gmail.com
5	Research Officer (Ay)	Dr. Masram P. Radhesham	9624603204	Pravinmasram15@gmail.com
6	Research Officer (Bot)	Mr. Devanjal Bora	6913520094	devanjal49@rediffmail.com
7	Research Officer (Pharmacology)	Dr. Manajit Bora	9919638751	manajitbora6@gmail.com
8	Research Officer (Bio Chem)	Dr. Girindra Kr. Bora	9613111460	Girindrakumarbora@gmail.com
9	Research Officer (Chemistry)	Dr. Puneet Kumar Singh	8860382792	0106.puneet@gmail.com
10	Research Assistant (Bot)	Mr. Biswajit Paul	9563361598	bpaul8293@gmail.com
11	Research Assistant (Chemistry)	Dr. Suman Mandal	9330424767	sumanmandal7852@gmail.com
12	Sister Incharge	Mrs Swapna Bairagi	8403801366	swapnabairagi00@gmail.com
13	Staff Nurse	Mrs Sumati Singh	9455909014	sumati24.singh@gmail.com
14	Staff Nurse	Ms. Nongthombam Jonita Devi	7005876131	jonitadevi@gmail.com
15	Assistant	Mr. Diganta Deka	9864328074	1977dignatadeka.24@gmail.com
16	Pharmacist Grade-I	Sh. Subir Samanta	7477886438	kingayusubir96@gmail.com
17	Pharmacist Grade-I	Ms. Suchana Chanda	7980185152	suchanaofficialtm@gmail.com
18	Driver	Mr. Ananda Swargiary	9613505735	
19	Field Attendant	Mr. Sanikar Das	9864020725	dasanikar@gmail.com
20	Safaiwala	Mrs Jhalia Basfor		
21	Peon	Mr. Satyendra Mallik	9577344349	manikmallik991@gmail.com
22	Laboratory Attendant	Mr. Ranjit Kumar Singh	9706559390	rksingh090266@gmail.com

{Section 4(1)(b)(x)}

The monthly remuneration received by each of its officers and employees, including the system of compensation as provided in its regulations

List of Employees with Gross Monthly Remuneration of CARI GUWAHATI

S.No.	Name of Officer/Official	Name of the Post	Level	Gross Salary
1	Dr. Dinesh Baruah	Assistant Director, I/c	Level-13, Index-13.	362472
2	Dr. P.L. Bharati	Research Officer (Ay)	Level-13, Index-04.	279160
3	Dr. Jeuti Rani Das	Research Officer (Ay)	Level-10, Index-08.	146064
4	Dr. Amit	Research Officer (Ay)	Level-11, Index-03.	156224
5	Dr. Masram P. Radhesham	Research Officer (Ay)	Level-10, Index-08.	146064
6	Mr. Devanjal Bora	Research Officer (Bot)	Level-12, Index-06.	164892
7	Dr. Manajit Bora	Research Officer (Pharmacology)	Level-12, Index-09.	208650
8	Dr. Girindra Kr. Bora	Research Officer (Bio Chem)	Level-10, Index-08.	146064
9	Dr. Puneet Kumar Singh	Research Officer (Chemistry)	Level-10, Index-04.	112518
10	Mr. Biswajit Paul	Research Assistant (Bot)	Level-06 Index-03	68532
11	Dr. Suman Mandal	Research Assistant (Chemistry)	Level-06, Index-04.	70446
12	Mrs Swapna Bairagi	Sister Incharge	Level-08, Index-11.	114942
13	Mrs Sumati Singh	Staff Nurse	Level-07, Index-04.	88668
14	Ms. Nongthombam Jonita Devi	Staff Nurse	Level-07, Index-03.	86232
15	Mr. Diganta Deka	Assistant	Level-06, Index-07.	76710
16	Sh. Subir Samanta	Pharmacist Grade-I	Level-05, Index-01.	58016
17	Ms. Suchana Chanda	Pharmacist Grade-I	Level-05, Index-01.	58016
18	Mr. Ananda Swargiary	Driver	Level-05, Index-18.	86976
19	Mr. Sanikar Das	Field Attendant	Level-04, Index-17.	74448
20	Mrs Jhalia Basfor	Safaiwala	Level-04, Index-16.	72360
21	Mr. Satyendra Mallik	Peon	Level-04, Index-16.	72360
22	Mr. Ranjit Kumar Singh	Laboratory Attendant	Level-05, Index-17.	88640

{Section 4(1)(b)(xi)}

T

he budget allocation to each of its agency, indicating the particulars of all plans, proposed expenditures and reports on disbursements made

Details of the Budgetary Provision to the Institutes during reporting period: 2023-24

HEADS	SUB-HEADS	Budget	Release	Expenditure up to 31/03/2024
GIA GENERAL	TA (for Domestic)	300000	300,000	300000
	CONTINGENCIES AS PER DFPR			
	i. Wages	141000	141,000	141,000
	ii. Office expenses	3800000	3,800,000	3,771,214
	iii. Rent, rates and taxes	104000	104,000	103140
	iv. Other admn expenses	100000	100,000	96140
	Advertising and Publicity	250000	250,000	55530
	vi. Professional services	7822941	7822941	7,796,522
	NER Professional Ser	7652333	7,652,333	7,652,333
	vii. POL (Petrol, oil and Lubricants)	57000	57,000	49,060
	viii. Printing and Publication	150000	150,000	32975
	ix. Training and Program	76000	76000	75719
	x. Minor Works	100000	100,000	67299
	xi. Other Charges	50000	50,000	49823
	RESEARCH ACTIVITY	3500000	3,500,000	3,375,627
	SEMINAR & CONFERENCE	525000	525,000	516,011
GIA GENERAL TOTAL (A)		24628274	24628274	24,082,393
GIA SALARY (B)		33700000	32,672,810	32,672,810
GIA SCSP (C)		7716000	7,729,697	7729697
GIA TSP (D)		3869000	3,869,000	3846352
GIA SAP (E)		75000	75,000	73721
GIA CAPITAL (F)		0	0	0
NE PLAN (G)		12,000,986	12,000,986	11988877
TOTAL (A+B+C+D+E+F+G)		81,989260	80,975,767	80,393,850
PROJECTS (IMR, collaborative, etc)				
1	IMR (MEBS Project)	117501	117501	114501
2	IMR (Ayush M3 Project)	100000	100000	91692
3	IMR (Toxicity project)	1851027	1851027	1621470
4	IMR (QS Project)	387918	387918	345468
5	IMR (Ayush HR Project)	702439	702439	702439

6	AYUSH PTK PROJECT	1194720	1194720	1194720
7	Prakriti Project	1,489,800	1,489,800	1330822
8	AYURVEDA DAY	280,000	280,000	258,649
OTHERS - IF ANY				
1	RA(HQ) Training programme of ASU&H	500000	500000	205418
2	RA(HQ) (Panchkarma Medicines)	1219876	1219876	609938
3	Seminar & Confer (HQ)	5350000	5350000	1036230
4	Other Admn Expenses (HQ)	154970	154970	154970
5	RA(HQ) Utkarsh Project	46381129	46381129	46381129

{Section 4(1)(b)(xii)}

The manner of execution of subsidy programmes, including the amounts allocated and the details of beneficiaries of such programmes

As such, subsidy programmes are not undertaken by the Council; however, subsidy/discounts are available on user charges for certain stake holders such as bonafide students, govt. organizations, etc.

{Section 4(1)(b)(xiii)}

Particulars of recipients of concessions, permits or authorizations granted by it

Not applicable

{Section 4(1)(b)(xiv)}

Details in respect of the information available to or held by it, reduced in an electronic form
(Also available at CCRAS's website i.e. www.ccras.nic.in)

{Section 4(1)(b)(xv)}

The particulars of facilities available to citizens for obtaining information, including the working hours of a Library or reading room, if maintained for public use

Information can be obtained from the CARI Guwahati Office of the institute situated at the following address:-

Central Ayurveda Research Institute, Guwahati
Central Council of Research in Ayurvedic Sciences (CCRAS)
Ministry of Ayush, Govt. of India
Barsojai, Beltola, Guwahati, Assam 781028

Requisite fee to obtain the information can be remitted either by Cash into the Cash Section of CCRAS's Headquarters or by Demand Draft, Indian Postal Order in favour of Director General, CCRAS, payable at Delhi.

or

Requisite fee to obtain the information can be remitted either by Cash into the Cash Section of CARI Guwahati or by Demand Draft, Indian Postal Order in favour of Assistant Director Incharge, CARI, Guwahati, payable at Guwahati.

LIBRARY

The Council is maintaining a Departmental Library where publications on various subjects for preserving and promoting research and knowledge in the field of Ayurvedic Sciences.

{Section 4(1)(b)(xvi)}

The names, designations, and other particulars of the Public Information Officers

Dr. P. L. Bharati
Research Officer (Ay.)
Email- plbharati@gmail.com
Phone-0361-2303714